

Food and drink

1 What do English children eat?

In England most children don't eat a traditional English breakfast of bacon and eggs every day. They eat cereal like cornflakes with milk. Some families like to eat porridge especially on cold winter days.

At about 11 o'clock many children eat a snack or some fruit. Lunch is at about half past twelve. There are usually two courses. The main course is meat or fish with vegetables. After the main course, they eat a dessert. The dessert is usually sweet. Children in England don't drink wine or beer. They usually drink water or fruit juice. When children come home from school, they have tea. They eat bread and butter with jam. They eat dinner in the evening at about 8 o'clock. Dinner is usually a main course and a dessert. Children often drink hot chocolate milk before they go to bed.



2 Find the words in the text to complete the missing words in these sentences.

- 1 It's very cold today. Do you want _p_____ for breakfast?
- 2 There is no school today because it is Saturday. Tom is eating a traditional English _b_____ of bacon and eggs.
- 3 I always eat some _f_____ at 11 o'clock. Today I have an apple.
- 4 The children usually have their _l_____ at half past twelve.
- 5 Today they are having roast beef for their main _c_____.
- 6 Mother has made a chocolate pudding for _d_____.
- 7 The children are going to drink apple _j_____.
- 8 I put some strawberry _j_____ on my bread and butter.
- 9 We're going to have _f_____ and chips for dinner.
- 10 My sister doesn't drink hot chocolate _m_____ before she goes to bed.

Answers

1. porridge
2. breakfast
3. fruit
4. lunch
5. course
6. dessert
7. juice
8. jam
9. fish
10. milk